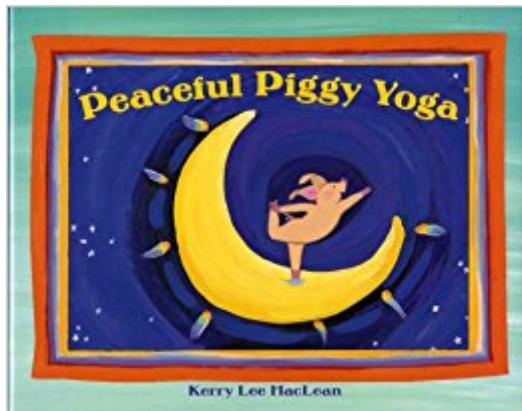


The book was found

# Peaceful Piggy Yoga



## **Synopsis**

Who loves yoga? Everyone from ballerinas to football players to moms and dads. This fun and informative picture book guide shows kids-and piggies!-in classic yoga poses, complete with instructions.

## **Book Information**

Paperback: 32 pages

Publisher: Albert Whitman & Company (March 1, 2014)

Language: English

ISBN-10: 0807563838

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Product Dimensions: 10.8 x 0.2 x 8.5 inches

Shipping Weight: 5.6 ounces (View shipping rates and policies)

Average Customer Review: 4.8 out of 5 stars 40 customer reviews

Best Sellers Rank: #61,880 in Books (See Top 100 in Books) #13 in Books > Children's Books > Growing Up & Facts of Life > Health > Fitness #14 in Books > Health, Fitness & Dieting > Exercise & Fitness > For Children #85 in Books > Children's Books > Growing Up & Facts of Life > Health > Personal Hygiene

Age Range: 4 - 8 years

Grade Level: 1 - 3

## **Customer Reviews**

Who loves yoga? Everyone from ballerinas to football players to moms and dads. This fun and informative picture book guide shows kids--and piggies!-in classic yoga poses, complete with instructions.

Kerry Lee MacLean has been teaching children's yoga and meditation internationally for over twenty years. Her books include the award-winning Peaceful Piggy Meditation and The Family Meditation Book. Kerry and her family live In Boulder, Colorado. Visit Kerry at her website, [kerryleemacleanauthor.com](http://kerryleemacleanauthor.com) Kerry Lee MacLean has been teaching children's yoga and meditation internationally for over twenty years. Her books include the award-winning Peaceful Piggy Meditation and The Family Meditation Book. Kerry and her family live In Boulder, Colorado. Visit Kerry at her website, [kerryleemacleanauthor.com](http://kerryleemacleanauthor.com)

Love all of Kerry MacLean books. Read them to my toddler as well as my kids yoga classes.

They're actually a great reminder for adults as well!

My 2 yr old absolutely loves this book. It's great! The pictures are nice and it's easy to follow.

I bought this so my great-granddaughter and I could some easy yoga poses together. It's fine for a young child. We had fun both reading the book and trying the poses. I left the book with my g-granddaughter in Utah (I live in NY state) and I'm not sure if she does any of the yoga on her own.

Easy yoga poses and a kid-friendly introduction to using yoga as an appropriate coping/calming skill. Very excited about this!

marvellous story book to initiate kids to meditate!

A book for the younger grandchildren who like to do yoga with their big brother.

Kids in my classroom love this book and use it daily in their free time to practice yoga poses!

I work as a mental health counselor and yoga instructor and this book has been wonderful in teaching children yoga skills.

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